



Erasmus+



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## FAMILIES AND INDEPENDENT LIVING IN MENTAL ILLNESS (FILMI)

Project n. 2022-1-IT02-KA210-ADU-000083445

The project “**FAMILIES AND INDEPENDENT LIFE IN MENTAL ILLNESS**” proposes the analysis of activities and regulatory conditions favouring the independence of people with mental disorders by comparing the knowledge and experiences of three family associations working in the field of mental health in three European capital cities: Rome, Madrid and Lisbon.

The project is part of the small-scale Erasmus+ projects, which gives the opportunity also to small organisations such as non-profit associations to participate in transnational activities, as well as to compare and enrich their skills through the experiences of similar organisations.

Through this project, the roles that families play in the pathways towards independent living of the most fragile people and the good practices implemented by the associations to support and strengthen the families involved are highlighted.

The main objective is to enhance the role of family associations through a comparison between different European realities and to initiate the creation of a first transnational network of associations active in the field of supporting the independent life of their loved ones.

The project envisages the production of a final report that will contain:

- The different residential solutions and services offered to people in the three cities, depending on the degree of intensity of care required, from residences to independent flats in the three cities
- Examples of activities carried out by some associations of family members in three European capitals to support paths towards independent living
- Some good practices that have yielded positive results in supporting the independent living of some people, with indications of the conditions that have facilitated their realisation

The project also includes many meetings and discussions in the three countries involved with family members, people with mental disorders, associations, representatives of the social and health sectors and other interested parties in order to receive suggestions and possible future developments.

The results of the project will gradually be posted on the partners’ websites:

[www.solarisodv.it](http://www.solarisodv.it)

[www.amafe.org](http://www.amafe.org)

[www.gira.org.pt](http://www.gira.org.pt)



**SOLARIS ODV, association of family members, users and volunteers dealing with mental health.** Created in 2002, it operates in the second Municipality of Roma Capitale within ASL Roma 1. It has consolidated experience in supporting independent living, disseminating the Recovery culture and supporting and training family members.



**Gira, Grupo de Intervenção e Reabilitação Activa.** It operates in Lisbon, created in 1995, has a strong experience in the social and labour inclusion of people with mental health problems and implements interventions aimed at supporting them in ‘Autonomous Living Unit’ and ‘Protected Living Unit’ residences.



**AMAFE, Asociación Española de Apoyo en Psicosis.** It works in Madrid, created in 1989, has developed the information and orientation services, specific support for young people aged 14-30, home support, as well as reinforcement with social and health services, through workshops dedicated to the person and the family, through recurring meetings and seminars.

**INFO:** SOLARIS ODV 06 93579852 - [segreteria@solarisonlus.org](mailto:segreteria@solarisonlus.org)

## FAMILIES AND INDEPENDENT LIVING IN MENTAL ILLNESS (FILMI) PROJECT ERASMUS +

**MARTEDÌ 18 APRILE ORE 10.00**

**SANTA MARIA DELLA PIETÀ**

Piazza Santa Maria della Pietà, 5

**ORE 10.00 -13.00**

**OPENING AND COORDINATION**

**Antonella Cammarota**, *SolarisODV*

**WELCOME FROM AUTHORITIES**

**Giuseppe Ducci**, *Direttore Dipartimento di Salute Mentale Asl Roma1*

**PRESENTATION OF THE FILMI PROJECT**

**Donatella Barazzetti**, *SolarisODV*

**Joseba Rico**, *Amafe.org*

**Laura Ruiz**, *Amafe.org*

**Sofia Couto**, *Gira*

**INTERVENTIONS AND DEBATE**

**Maria Rosaria Barbera**, *Assistente sociale Percorso dipartimentale ADP, DSM ASL Roma 1*

**Riccardo Corbucci**, *Presidente della Commissione ROMA CAPITALE*

**Carla Fermariello**, *Presidente Commissione Scuola e Politiche per l'infanzia*

**Antonio Gabriele Maone**, *psichiatra ex Dirigente Medico Asl Roma 1*

**ORE 13.00**

**SNACK BREAK**

Sandwiches from 5-7 euros

**ore 14.30-16.30**

**GUIDED TOUR**

at the Museum of the Mind and a walk in the Park of Santa Maria della Pietà for an overview on psychiatry in Italy before and after the Basaglia law

*Portuguese and Spanish translation provided*

**GIOVEDÌ 20 APRILE ORE 10.30**

**TOWN HALL, MUNICIPIO ROMA II**

Via Boemondo 7

**ORE 10.00 -13.00**

**MEETING AND DEBATE**

with operators, users and volunteers and family associations in the area dealing with mental health

**ORE 13.00**

**LUNCH**

"Taverna de' fuori sede"  
Via Giovanni da Procida, 51 (€ 10)